



Camper Meals - Ingredients

Day 1

Breakfast

Eggs – Whole eggs, whey, skim milk, citric acid, 0.12% water added as carrier for citric acid, xanthan gum. Citric acid added to preserve color.

Breakfast Potatoes – Fried in soy oil, topped with chicken shake (paprika, garlic, brown sugar, oregano, salt and pepper, spices)

Bacon – Cured with water, salt, sugar, dextrose, sodium erythorbate, sodium nitrite

Yogurt Cup – Cultured pasteurized grade a low fat milk, sugar, strawberries, modified corn starch, nonfat milk, banana puree, kosher gelatin, citric acid, natural flavor, tri-calcium phosphate, pectin, colored with carmine, vitamin A acetate, vitamin D3

Cinnamon Rolls (without icing) – Enriched unbleached wheat flour (wheat flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), water, high fructose corn syrup, yeast, sugar, soybean oil. Contains less than 2% of the following: maltodextrin, eggs, salt, cinnamon, modified cornstarch, mono and diglycerides, molasses, sodium stearoyl lactylate, datem, rice flour, natural and artificial flavor, cellulose gel, colored with (caramel color, beta carotene), ascorbic acid, cellulose gum, enzyme.

Icing (Cinnamon Rolls) – Powdered sugar & milk

Day 2

Breakfast

Eggs – Whole eggs, whey, skim milk, citric acid, 0.12% water added as carrier for citric acid, xanthan gum. Citric acid added to preserve color.

Breakfast Potatoes – Fried in soy oil, topped with chicken shake (paprika, garlic, brown sugar, oregano, salt and pepper, spices)

Sausage Links – Pork, water, salt, spices, sugar, MSG, BHA, BHT, propyl gallate, citric acid, edible collagen casing

Biscuits– Enriched flour bleached wheat flour, malted barley flour, niacin, iron, thiamin monoitrate riboflavin, folic acid, water, palmoil, buttermilk, sugar, palm kernel oil, nonfat milk, salt, whey protein concentrate, baking soda, sodium aluminum phosphate, sodium acid pyrophosphate, whey, natural and artificial flavor. Contains wheat and milk ingredients.

Sausage Gravy – Water, pork, soybean oil, bleached enriched wheat flour bleached wheat flour, niacin, iron, thiamin monoitrate riboflavin, folic acid, modified cornstarch, 2 or less of: salt, sugar, dipotassium phosphate, sodium stearoyl lactylate, maltodextrin, disodium inosinate, ddisodium guanylate, black pepper, caramel color, cellulose gum, natural flavor, corn syrup solids, flavor. Contains milk, wheat ingredients.

Bag Lunch

Ham – Cured with water, dextrose, salt, potassium lactate, sodium phosphates, sodium erythorbate, sodium diacetate, sodium nitrite

Turkey – Turkey breast, turkey broth, salt, modified food starch, sugar, carrageenan, sodium phosphate

Sliced Sandwich Bread – Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, fully refined soybean oil, yeast, granulated sugar, wheat gluten, salt, calcium propionate (to retain freshness), dough improver (malted wheat flour, enzymes and 2% or less of ascorbic acid), calcium sulfate, enzymes

Lays Potato Chips – Potatoes, Vegetable Oil, (Sunflower, Corn and/or Canola Oil) and Salt

Chocolate Chip Cookie – Wheat flour (Bleached and enriched with niacin, iron, thiamine mononitrate, riboflavin, folic acid) chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, salt, milk) sugar, vegetable oil blend (soybean, palm and olive oils), water, salt, milk, mono and diglycerides, soy lecithin, sodium benzoate, natural and artificial flavors, Vitamin A Palpitate, beta carotene for color) pasteurized whole eggs, invert sugar, corn syrup, molasses, natural and artificial butter flavor, salt, baking soda. Contains: eggs, milk, soy, wheat

Dinner

Chicken – Sugar, salt, spices, maltodextrin, garlic powder, soybean oil, paprika extractive and not more than 2% silicon dioxide to prevent caking

Pork Chops – Water, sodium phosphates, salt

Mushroom Gravy – Water, vegetable oil (corn, canola, and/or soybean), mushrooms, modified food starch, wheat flour; contains less than 2% of: salt, cream milk, soy protein concentrate, yeast extract, dehydrated whey, flavoring, and dehydrated garlic

Macaroni & Cheese – Elbow macaroni (cooked) pure durum semolina, niacin, ferrous sulfate (iron), thiamine mononitrate, riboflavin, water, pasteurized processed cheese spread-American cheese {milk,

cheese culture, salt enzymes}, water, whey, sodium phosphate, whey protein concentrate, skim milk, salt, milkfat, artificial color; American cheese pasteurized milk, soybean oil, contains less than 2% of the following: cream, sour cream phosphate, guar gum, carrageenan, calcium sulfate, potassium sorbate and locust bean gum, nonfat dry milk, modified food starch, parmesan cheese (part skim milk, cheese cultures, salt, enzymes) salt, xanthan gum, emulsifying salt (sodium polyphosphate, sodium phosphate), Flavor (Butterfat, water, mono and disodium phosphate and lecithin), spice, annatto color (propylene glycol, purified annatto, mono-and and diglycerides, and potassium hydroxide), paprika oleoresin (refined soybean oil, natural extractives of paprika). CONTAINS: Milk, Soy, Wheat

Green Beans – Vegetable Base-sautéed vegetable purees (carrot, celery, onion), salt, sugar, maltodextrin, corn oil, hydrolyzed soy protein, food starch-modified, onion powder, caramel color, turmeric (color), and spice extractive. **Contains: Soy-cut green beans, water and salt**

Dinner Roll – Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, fully refined soybean oil, high fructose corn syrup, yeast, wheat gluten, unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, calcium propionate (to retain freshness), dough improver (malted wheat flour, enzymes and 2% or less of ascorbic acid)

Vanilla Ice Cream Cup – Milk, cream, buttermilk, whey (milk), corn syrup, high fructose corn syrup, sugar, mono and diglycerides, guar gum, sodium phosphate, natural and artificial flavor, cellulose gum, sodium citrate, polysorbate 80, carrageenan, annatto (for color)