



USS Yorktown - Camper Meals

BREAKFAST- Day 1

Meal: 1 Scoop of scrambled Eggs, 1 Scoop of Breakfast Potatoes, 2 pieces of Bacon, and 1 Cinnamon Roll and 1 Yogurt Cup (Yoplait- Strawberry Banana)

Beverages: Water, Orange Juice, Milk and Coffee

BREAKFAST - DAY 2

Meal: 1 Scoop of scrambled Eggs, 1 Scoop of Breakfast Potatoes, 2 Sausage Links, and 1 Biscuit w/Sausage Gravy

Beverages: Water, Orange Juice, Milk and Coffee (Caffeinated)

BAG LUNCHES

Meal: Ham with cheddar or Turkey with mozzarella on white bread

- 5 Slices of meat on each sandwich
- Mayo and Mustard on the side

Sides: Bag of Lays Potato Chips and Chocolate Chip Cookie

Beverage: Coke, Diet Coke, Sprite or Bottled Water

*We distribute an even amount of the above beverages to each troop

SUPPER

Meal: Pork Chops smothered in Mushroom Gravy or Baked Chicken Breast (choice of one or the other) Green Beans, Mac N' Cheese and a Dinner Roll

Dessert: Vanilla Ice Cream Cup

Beverage: Sweet Tea or Water