



Small Boat Sailing Program At Patriots Point

Class syllabus

Classroom portion: 45 minutes

1. Describe the boat you will be using for the sailing instruction, naming all of the major parts and the function of those parts.
2. Discuss the 9 points of the BSA Safety Afloat Plan.
3. Explain the rules of the road in general and any specific rules or laws that apply in Charleston Harbor.
4. Explain how water conditions, the hazards of weather, and heavy winds can affect both safety and performance in sailing.
5. Discuss the warning signs of inclement weather and what to do should heavy winds develop or a storm approach.
6. Prepare a typical float plan.
7. Discuss the proper clothing, footwear, and personal gear required for small boat sailing in warm and cool weather. Explain how choosing the proper gear will help keep you comfortable and safe while sailing.
8. Discuss how to identify the wind direction and wind indicators. Explain the importance of this task before setting sail.

Afloat and dock instruction: 1 hour total

1. Prepare a boat for sailing, including a safety inspection.
2. Get underway from the dock.
3. Properly set sails for a round trip course to include running, beating, and reaching – the basic points of sail.
4. Change direction by tacking; change direction by jibing.
5. Return to dock

On the dock scouts will demonstrate a working knowledge of marlinspike seamanship by doing the following:

1. Square knot
2. Clove hitch
3. Two half hitches
4. Bowline
5. Cleat hitch
6. Figure eight



Sailing Class Participation Form Patriots Point



Date: _____ Troop: _____

Name of scouts/adults to participate: (Print)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

attach additional names if needed

Scoutmaster approval: I certify that the scouts above have a current class 1 or 2 physical and have qualified as a BSA swimmer in the past year. _____

Payment amount _____ (#of scouts/adults- 1st adult is free) x \$20
= \$ _____

Please fill in this form and forward with payment to:

Patriots Point Naval and Maritime Museum
Attn: Overnight Camping
40 Patriots Point Road
Mt. Pleasant, SC 29464

Check#: _____ CC#: _____ Exp: _____